

# SHOEI

## FITMENT GUIDE

### DETERMINE THE PROPER FIT

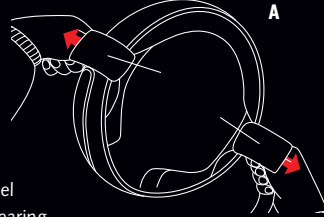
1. Measure your head size. Wrap a tape measure horizontally around your head at a height of about one inch (2.5 cm) above your eyebrows. This will measure the largest portion of your head.

2. Select the helmet that is closest to your head size. Oftentimes your head measurement may fall between two helmet sizes. When this occurs you should first try on the smaller size.

### TRY ON THE HELMET

Expand the helmet opening with your hands, then slide your head into the helmet. Pull the chin strap only, as shown in **DIAGRAM A**, not the chin strap covers. Pulling

on the covers may rip them. If the helmet is not snug, it is too big for you. If this is your first helmet, it may feel a little strange wearing a helmet that fits snugly, but this is exactly how it should fit.

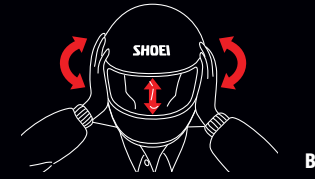


### CHECK FOR PROPER FIT

With the helmet on, go through the following checklist:

1. Does the inner lining fit snugly all around your head?
  2. Does the top pad press closely on the top of your head?
  3. Are the cheek pads in contact with your cheeks?
  4. Does the brow lining fit snugly against your brow?
- You should not be able to insert your fingers between

the lining and your brow. Now, take hold of the helmet with a hand on each side. Without moving your head, try to move the helmet side to side and up and down, as shown in **DIAGRAM B**. Is the skin on your face and head pulled in each direction that you pull the helmet? If you can move the helmet around easily then it is too big and you should try a smaller size.



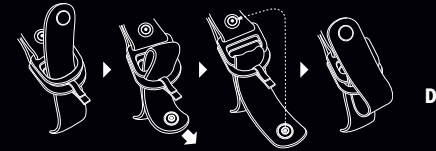
### CHECK THE RETENTION SYSTEM

Tightening the chin strap correctly is extremely important. If your chin strap is loose the shock of an impact may knock your helmet off, leaving your head completely unprotected. Do not use a helmet that can be rolled off the head with the chin strap fastened, since it may come off in an accident, resulting in serious personal injuries or death. Go through the following procedures to check your helmet's retention system:

1. Fasten the chin strap so that it is tight against your chin. There must be no slack in the strap and it must be tight against your chin.
2. With the chin strap secured, put your hands flat on the back of the helmet and try to pull the helmet off by rotating it forward.
3. Next, put your hands on the front of the helmet above your forehead or under the chin guard and try to push the helmet off by rotating it to the rear, as shown in **DIAGRAM C**.
4. If the helmet starts to come off in either direction, do not use the helmet. Either the helmet is too large for you or the chin strap has not been properly tightened.



To securely fasten the D-ring retention system, thread the end of the chin strap through the D-rings only as shown in **DIAGRAM D** and pull it tight against your throat. Then clip the chin strap end snap onto the D-ring as shown to secure the loose end of the chin strap after securely fastening the strap. The only function of the end snap (fitted on the end of the chin strap) is to avoid fluttering of the end part of the chin strap.



### SIZING GUIDELINES

SIZE	XX-SMALL	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE	XXX-LARGE
HAT SIZE	6 3/8 - 6 1/2	6 5/8 - 6 3/4	6 7/8 - 7	7 1/8 - 7 1/4	7 3/8 - 7 1/2	7 5/8 - 7 3/4	7 7/8 - 8	8 1/8 - 8 1/4
CM	51 - 52	53 - 54	55 - 56	57 - 58	59 - 60	61 - 62	63 - 64	65 - 66
INCHES	20 1/8 - 20 1/2	20 7/8 - 21 1/4	21 5/8 - 22	22 1/2 - 22 7/8	23 1/4 - 23 5/8	24 - 24 3/8	24 3/4 - 25 1/2	25 5/8 - 26

We recommend that you go to an authorized Shoei dealer to get a properly fitted helmet. Proper fit is important not only for comfort but for safety as well. Specifications are based on information available at the time of printing and are subject to change without notice.